

# Camp Quest 2023 Programme

Day 1 – Monday 9 Jan 2023

Time / Date	Monday		
	9 Jan		
	4A1	4A2	4T7
0730-0800	Report to School Flag Raising		
0800-0840	Camp briefing		
0840-0930	HT time (Class motto, Expectations)		
<b>0930-1000</b>	<b>Recess</b>		
1000-1020	Resilience Survey		
1020-1120	CCE lesson “Living a Life of Purpose”		
1120-1200	Team Building Games		
<b>1200-1240</b>	<b>Lunch in canteen</b>		
1240-1640	Presentation & Confidence Workshop		
1640-1720	Reflection		
1720 onwards	<b>End of Day 1</b>		

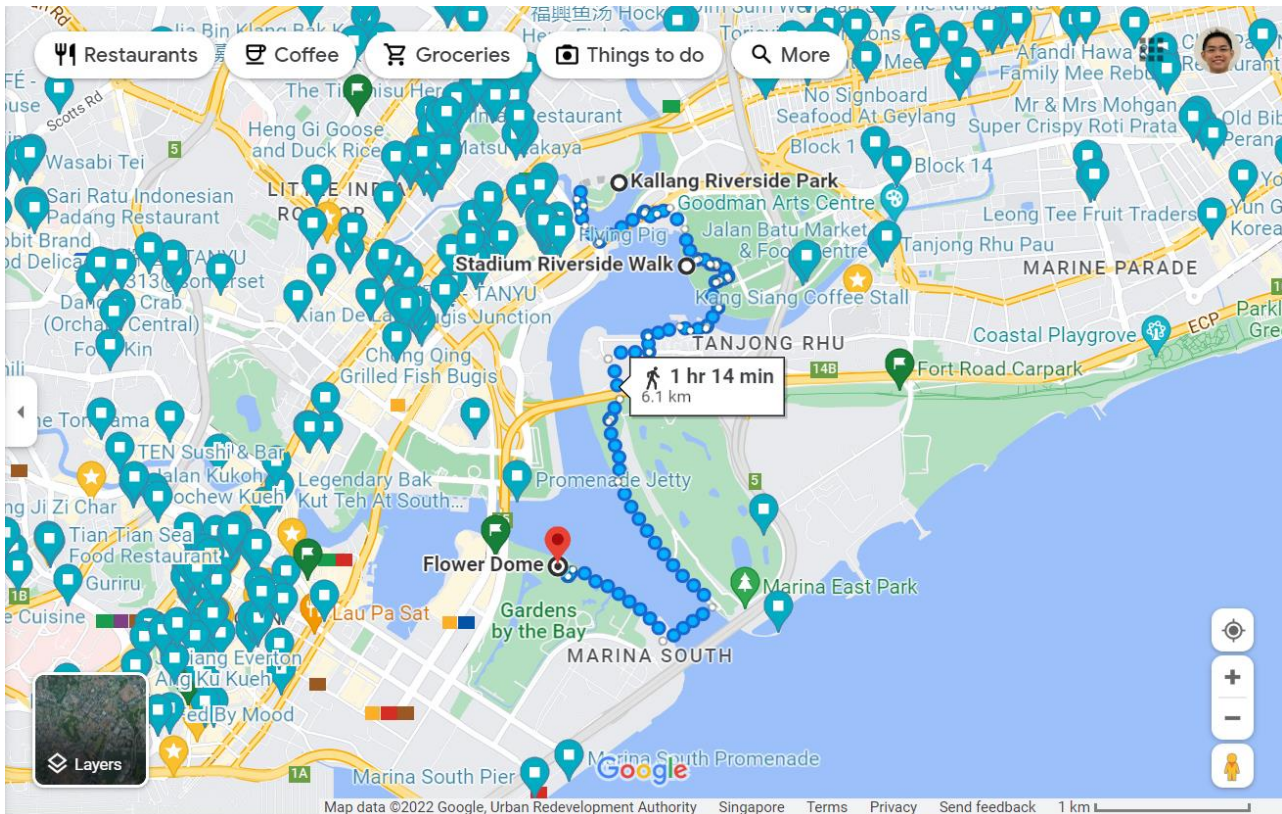
## Day 2 – Tuesday 10 Jan 2023

Time / Date	Tuesday		
	10 Jan		
	4A1	4A2	4T7
0730-0800	Report to School Flag Raising		
0800-0920	Pathfinder Workshop by ECGC		
<b>0920-0940</b>	<b>Catered refreshments</b>		
0940-1000	Transport to Temasek Polytechnic		
1000-1300	Learning Journey to Temasek Polytechnic		
<b>1300-1330</b>	<b>Catered lunch</b>		
1330-1400	Transport to <b>Futsal Arena @ Yishun</b> 32 Yishun Central 1, Singapore 768809		
1400-1600	Laser Tag (Sheltered so there is no need for wet weather programme)		
1600-1630	Reflection		
1630-1700	Transport back to school		
	<b>End of Day 2 Camp</b>		

## Day 3 – Wednesday 11 Jan 2023

Time / Date	Wednesday		
	11 Jan		
	4A1	4A2	4T7
0730-0800	Report to School Flag Raising		
<b>0800-0840</b>	<b>Recess</b>		
0840-1200	<b>Resilience Walk</b> Option 1: Kallang Riverside Park-Stadium-GBTB East-Marina Barrage-GBTB (Flower Dome)  <b>Wet weather programme)</b> Treasure Hunt @GBTB and Flower Dome		
1200-1215	Reflection		
1215-1230	Prize Presentation Camp Feedback		
1230 onwards	<b>End of Camp</b> Students to take public transport home		

# Day 3 – Resilience Walk Route



6.1km walk

Start: Kallang Riverside Park

End: Gardens By The Bay (Flower Dome)